

# Menu

## BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>WEEK 2</b>	A selection of fresh fruit, yoghurt, preserves, cereals, granola and toast.						
<b>DAILY SPECIAL</b>	Steamed Eggs & Baked Beans	American Pancakes with Syrup & Fruit Compote	Old English Sausages & Sautéed Mushrooms	Rindless Back Bacon & Belgian Waffles	Poached Egg, Hollandaise Sauce & English Muffin	Full English	Breakfast Packs with Croissant, Yoghurt & Fruit
<b>ON THE SIDE...</b>	Porridge with Coconut & Raspberry, Cinnamon, Granola & Dried Cranberries						
<b>FLAVOURED WATER</b>	Tomato & Basil	Cantaloupe & Rosemary	Pineapple, Mint & Fresh Ginger	Orange & Fennel	Strawberry & Cucumber	Lemon & Lime	

# Menu

## INDONESIAN THEMED LUNCH MENU

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOMEMADE BREAD	Chilli Corn Bread	Floured White Bloomer	Bazlama	Coriander Pitta Bread	Onion & Rosemary Focaccia		
SOUP	Coconut & Courgette	Soto Ayam (Chicken Noodle with Turmeric)	Sayur Asem (Corn & Green Bean)	Satay & Tomato	Asian Vegetable		
STARCH	Javanese Fried Noodles	Vermicelli Noodles	Indonesian Fried Rice	Coconut Milk Steamed Rice	Traditional Chips		
MAIN MEAL	<b>Semur Ayam</b> (Pan-Fried Chicken in Sweet Soy Sauce)	<b>Sate Lilit Bali</b> (Pork Satay) with Shallot & Lemongrass Relish	Beef Rendang	<b>Nasi Uduk</b> (Fried Chicken, Soybean Cake & Fried Onion)	Breaded Pollock, Fish Fingers or Spiced Tuna and Sticky Rice in a Banana Leaf	Chicken Paella	Rosemary Beef Topside
VEGGIE EXCITING	<b>Krokot Kentang</b> (Potato Croquettes)	<b>Ketroprak</b> (Tofu, Egg, Onion, Bean Sprouts & Sate Sauce)	<b>Chai Kue</b> (Steamed Vegetable Dumplings with Chilli Sauce)	<b>Laksa</b> (Tofu Curry)	Margherita Pizza & Spinach & Feta Pizza	Spanish Tortilla	Butterbean & Squash Crumble
VEGETABLES	Gado Gado (Vegetables with Satay Sauce)	Balinese Snake Bean Salad	Achar (Pickled Vegetables)	Stir Fried Vegetables with Oyster Sauce	Garden Peas & Mushy Peas	Broccoli & Homemade Spanish Bread	Roast Potatoes, Yorkshire Puddings, Carrots, Savoy Cabbage & Onion Gravy
PASTA & SAUCE	Linguine Sun Blushed Tomato Pesto	Farfalle Mediterranean	Penne Ragu	Kue Mangkok (Indonesian Cup Cakes) Primavera			
JACKETS WITH...	Beans						
QUESADILLAS	Mexican 5 Bean & Mozzarella	Mature Cheddar & Ham	Tuna & Chive Melt	Cheddar, Fresh Salsa & Coriander			
SOMETHING SWEET... FRUIT & DESSERT POTS	Sweet Martabak	Kue Mangkok (Indonesian Cup Cakes)	Steamed Banana Cake with Coconut Custard	Silken Tofu with Ginger Syrup	Pandan Ogura Cake	Coconut & Raspberry Flapjack	Chocolate Sponge with Custard
Fruit Salad Pots and a Selection of Seasonal Fresh Fruit served in Peak Condition, Ripened and Ready to Eat. Daily Selection of Homemade Yoghurt, Dessert and Custard Pots.							

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## SUPPER MENU

WEEK 2	MONDAY	TAKE OUT TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN MEAL	Chargrilled Jamaican Jerk Pork Loin Steaks	Mexican Crispy Beef Tacos	Pizza Night!	Chicken, Coconut & Butternut Squash Curry	Conchiglie Pasta with Ham, Pea & Gorgonzola Sauce	Pork Kleftico	Sausage of the Month Casserole
VEGGIE EXCITING	Zucchini Fritters	Smokey Quorn Mince Chilli	Meat Feast (Pepperoni, Chorizo & Cajun Chicken) or Margerita Pizza	Vegetable Madras	Asparagus, Red Onion & Blue Cheese Tart	Sweet Potato, Kale & Mushroom Cakes	Cream Cheese & Egg Stuffed Mushrooms
FRESH VEGETABLES	Sweet Chilli Sweetcorn	Crisp Fresh Salad, Guacamole, Salsa & Sour Cream	Veggie Pizza with Tomatoes, Peppers, Sweetcorn & Mushrooms	Steamed Green Beans & Broccoli	Parmentier Butternut Squash	Parsley Carrot Batons	Veggie Panache
ON THE SIDE...	All Spice Potato Wedges, Mango Salsa & Caribbean BBQ Sauce	Smoked Paprika & Coriander Rice	Oregano & Tomato Penne Pasta	Braised Basmati Rice	Conchiglie Pasta	Garlic & Herb Bulgar Wheat	Fusilli Pasta
NOODLES WITH...	Chinese Leaf	Garlic & Soy	Red Pepper & Mushroom	Grated Carrot & Spring Onion	Sesame & Soy	Pak Choi	Chinese Five Spice & Savoy
DESSERT	Frozen Rainbow Fruit Kebabs	Frozen Caramel Crunch	Mini Victoria Sponge	Rocky Road	Toffee Mousse	Fruits of the Forest Jelly	Orange Creamsicle Frozen Yoghurt